



# Green Nursery Checklist

- **Cribs and other furniture** - Made with natural oil or a bees wax finish.
- **Mattresses** - Organic cotton and wool, or natural latex core organic cotton and wool innerspring.
- **Bedding**—Organic cotton sheets, companies are also using natural dyes.
- **Rugs**—Undyed wool rugs

Look out for:

- Pressed wood in any bedroom furniture—it has high VOC counts
- Make sure all lights are inside sealed enclosures (bulkhead lights)
- Make sure lights have a molded plug
- Use childproof socket covers
- Use non-ionizing smoke detectors in the babies room
- Stay away from paint or items with VOC in them. All should be **VOC FREE** or organic (*See article in first issue for more information*)

*It is important to note that many families find it very economical to pick a few items that they feel would make their nursery benefit from green and organic surroundings. Please note that the best way to do this is through key pieces, and the use of no VOC paint.*

**Companies that use organic materials-** Some companies do not sell directly to the public. Please contact Me & My Baby Designs for further assistance, or for more companies that we use in our design work.

### Furniture and More:

- [www.abundantearth.com](http://www.abundantearth.com)
- [www.daxstores.com](http://www.daxstores.com)
- [www.ikea.com](http://www.ikea.com) – look for organic
- [www.ziaandtia.com](http://www.ziaandtia.com)
- [www.dandelionsummers.com](http://www.dandelionsummers.com)
- [www.anaturalhome.com](http://www.anaturalhome.com)
- [www.goodnightnaturals.com](http://www.goodnightnaturals.com)

### Blankets Clothing and More:

- [www.naturalnursery.com](http://www.naturalnursery.com)
- [www.ourgreenhouse.com](http://www.ourgreenhouse.com)
- [www.armsreach.com](http://www.armsreach.com)
- [www.kidbean.com](http://www.kidbean.com)
- [www.heartofvermont.com](http://www.heartofvermont.com)
- [www.coyuchi.com](http://www.coyuchi.com)
- [www.kidsstuff.com](http://www.kidsstuff.com)
- [www.greenhome.com](http://www.greenhome.com)
- [www.ecobaby.com](http://www.ecobaby.com)
- [www.underthenile.com](http://www.underthenile.com)
- [www.natural-babycatalog.com](http://www.natural-babycatalog.com)

- [www.tinytush.com](http://www.tinytush.com)
- [www.babybunz.com](http://www.babybunz.com)
- [www.potterybarnkids.com](http://www.potterybarnkids.com) – look for organic
- [www.target.com](http://www.target.com) – look for organic
- [www.oneearthonedesign.com](http://www.oneearthonedesign.com)

No VOC Paint:

Many paint suppliers are not yet completely “VOC free”. Make sure when selecting paint, there is no VOC mixed in at the paint supply store.

My favorite natural and green paint supplier is YOLO paints. For more information please contact Me & My Baby Designs.

Happy nursery shopping!



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